# **Clinical Case Reports International**



# Interfascial Pec's Block Success or Intramuscular Injection? Magnetic Resonance Imaging (MRI) Explanation

Perez Herrero MA\*, Morales KE, Galluccio F and Fajardo Perez M

FEA Anesthesiology and Resuscitation, University Clinical Hospital of Valladolid, Spain

# **Clinical Image**

Interfascial blocks of pectoral nerves ('pecs' blocks) are a novel technique that may be useful in multimodal analysesia during breast surgery. These blockades are easy to perform after localizing the US-landmarks and the anatomic limits (serratus anterior, pectoralis minor and major muscles) [1,2].

These Interfascial Plane Blocks (IPB) constitute part of multimodal analgesia in anterior chest-wall surgeries, reduce opioid needing's and improve postoperative pain control and patient satisfaction [3]. Several studies have demonstrated the effectiveness of these blocks, but with heterogeneous results [4].

Some studies have described successful signs of the block performance: a hypoechoic, elliptical lens, and "double V" shape between the pectoralis muscles, because of the separation of the two fasciae [5].

Intramuscular injection is one cause of failure, avoiding the local anesthetic spread between pectoralis muscles (between deep pectoralis and clavipectoral fasciae) as it is shown in Figure 1.

## **OPEN ACCESS**

### \*Correspondence:

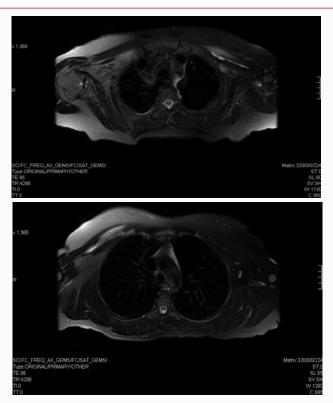
Maria A Perez Herrero, FEA Anesthesiology and Resuscitation, University Clinical Hospital of Valladolid, Av. Ramón y Cajal s/n, 47003-Valladolid, Spain, Tel: +34630750263

> Received Date: 31 Jul 2023 Accepted Date: 11 Aug 2023 Published Date: 16 Aug 2023

### Citation:

Perez Herrero MA, Morales KE, Galluccio F, Perez MF. Interfascial Pec's Block Success or Intramuscular Injection? Magnetic Resonance Imaging (MRI) Explanation. Clin Case Rep Int. 2023; 7: 1598.

Copyright © 2023 Perez Herrero MA. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.



**Figure 1:** a) Thoracic Axial RMI sequence in T2 FSAT saturation with coronal reconstructions after pec's block performed. It could be seen the local anesthetic (hyperintensive image) between the pectoralis muscles reaching the axillary region. b) The contrast was introduced into the pectoralis major muscle, splitting the muscle fibers without reaching the axillary region and so that, the block fails in the axilla compartment.

### References

- 1. Blanco R. The 'pecs block': A novel technique for providing analgesia after breast surgery. Anesthesia. 2011;66(9):847-8.
- Blanco R, García MG, Gracia P, Nebril B, Álvarez S, Pensado A. Eficacia analgésica del bloqueo de los nervios pectorales en cirugía de mama. Cir May Amb. 2011;16(2):89-93.
- 3. Elsharkawy H, Pawa A, Mariano ER. Interfascial plane blocks: Back to basics. Reg Anesth Pain Med. 2018;43:341-6.
- Chin KJ, McDonnell JG, Carvalho B, Sharkey A, Pawa A, Gadsden J. Essentials of our current understanding: Abdominal wall blocks. Reg Anesth Pain Med. 2017;42:133-83.
- Fusco PF, Petrucci E, Marinangeli F, Scimia P. Block failure or lack of efficacy? The "Double V" sign: A novel sonographic sign for a successful interfascial plane block. Minerva Anestesiol. 2019;85(8):917-8.